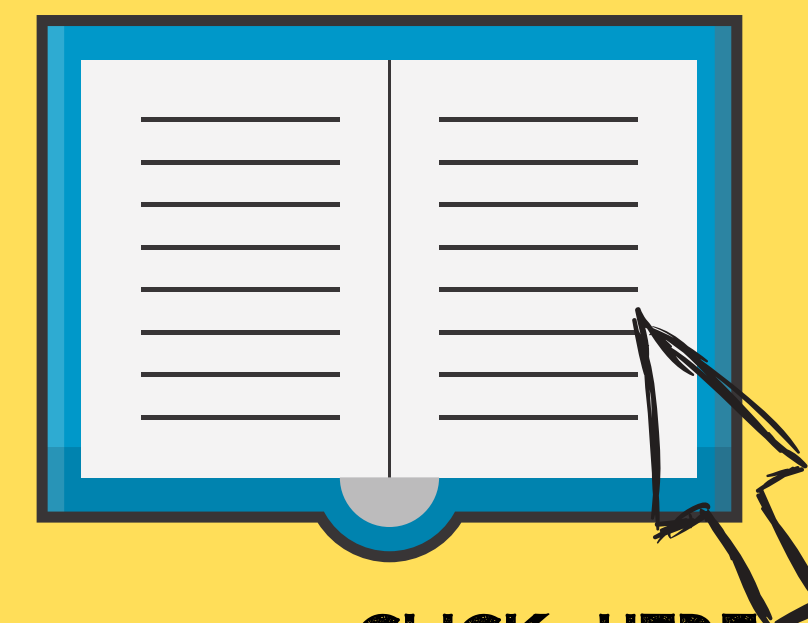




# TENNIS

## EQUIPMENT

- **STOPWATCH** - IF NOT A PHONE OR IPAD/TABLET OR CLOCK/WATCH.
- **MARKERS** - IF NOT CANS OR PLASTIC CUPS OR SOCKS.
- **AN EMPTY MEDIUM SIZED BOX** - IF NOT A BIN OR LARGE BAG OR SUITCASE OR LAUNDRY BASKET.
- **TENNIS BALL** - IF NOT A SOCK BALL OR TIN FOIL BALL OR BALLS FROM DIFFERENT SPORTS OR NEWSPAPER BALL.
- **TENNIS RACKET** - IF NOT A HARDBACK BOOK OR FRYING PAN OR CHOPPING BOARD OR BAKING TRAY



CLICK HERE  
FOR GUIDANCE  
NOTES

## CHALLENGE 1

### BASE LINE DASH

CLICK THE BUTTON FOR  
DEMONSTRATION VIDEO FOR EACH  
CHALLENGE

## CHALLENGE 2

### EGG 'N SPOON



## CHALLENGE 3

### CHAMPIONSHIP POINT



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SUBMIT YOUR  
BEST SCORES TO  
YOUR TEACHER

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